



Ironbark Ridge PS

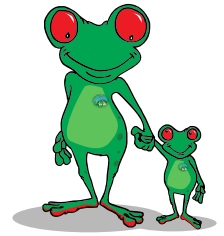
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Nurturing personal growth through inspired learning...



Newsletter 2019

Term 3 Week 7 6th September, 2019
Be Safe, Be Responsible, Be Respectful

DATES FOR THE DIARY

SEPTEMBER

9 th – Be Skilled Be Fit – Yrs 4 – 6	10 th – Parent Information Evening, Kindergarten– 6:00pm in the Library
11 th – Book Character Parade & Grandparents Day, NO ASSEMBLY	
12 th – Be Skilled Be Fit 3 – 6	13 th – Summer PSSA Commences
16 th – 3A, 3C & 3K – Excursion, Be Skilled Be Fit – Yrs 4 – 6	
18 th – KD & 4/3B Assembly – 2.20pm	19 th – Be Skilled Be Fit – Yrs 3 – 6
20 th – Summer PSSA	23 rd 4E, 4I & 3S Excursion, Be Skilled Be Fit Yrs 4 – 6
25 th – Whole School Assembly – 2.00pm	27 th – 4/3B, 4P & 4H Excursion, No PSSA, Last day of Term 3

*** Subscribe to our 'Ironbark Ridge – Events' Google calendar (see the app or the school website)*

PRINCIPAL'S REPORT

Book Characters & Pet Prints

We have a double dress-up this coming week!

Grandparents Day and Book Character Parade is on Wednesday. I hope your costumes are ready to go. On Thursday our SRC have chosen to support the RSPCA through a donation fundraiser and animal print or onesy wearing day. The RSPCA provides important care, protection and assistance to animals in our society, and are a really worthy non-profit organisation for our students to be working to support.

“Ask Grandma & Grandpa, not Google” - The Ironbark Way...

Grandparents Day next Wednesday provides us at Ironbark Ridge with an exciting opportunity to connect with and celebrate our students' older relatives. Developing respect for the wisdom and experience our grandparents (and parents) hold is an important part of growing up.

Our theme in 2019 is “Ask Grandma and Grandpa, not Google!”

Think of childhood as an apprenticeship. It's the time we learn how to be an adult by imitating and practising adult behaviours and 'ways of being'. We learn manners. We practise cooking and cleaning up after ourselves. We learn to catch the bus or walk home on our own. We practise waiting and listening to others. We learn the social importance of appearing surprised and happy when we get given a gift that's not really 'our style'. When our 'apprenticeship' is over we have developed the skills and attitudes required to function successfully in society as an adult. Watching and learning from the immense 'storehouse' of factual and behavioural knowledge our grandparents have developed over many years is *crucial* if we want to avoid repeating the mistakes our forefathers/mothers made. That's what wisdom is! If you can, have your children spend more time with their grandparents so we can soak up their knowledge about our complex world.

Ironbark Ridge grandparents provide modelling and guidance along... **The Ironbark Way.**



Ridges Festival

On Monday evening this week our amazing dance groups and choir singers performed at the annual Ridges Festival. Several images and a video montage have been shared through the Ironbark Ridge Facebook page for your enjoyment. Well done to all of our students and their teachers – and our parents for creating such a friendly and appreciative audience!

Thinking-Monitor (an important *Successful Learner Habit*)

Successful Learners monitor their thinking by constantly checking in and asking themselves questions like “Have I brought a positive mindset to this challenge?” and “Is what I’m doing at the moment working?”



In a school context, a class ‘monitor’ has the special job of being responsible for a specific task, for example putting the iPads or laptops away at the end of the day and making sure they are on charge so they are ready for the next day’s learning activities. We need our students to take the responsibility for their own thinking and mindset... so they can adjust and make changes as required along *the way*. Ridgy the Frog *habitually* carries a backpack of learner behaviours, and when difficulty along the learning journey is encountered these can be chosen from to help climb up or force through the challenge. Perhaps more Focus is required, or Collaboration with peers, or some extra Observations and Questions about the topic would provide a way through. The metaphor of looking through our backpack and choosing a learner tool to suit the situation is exactly what the Thinking-Monitor Habit is all about.

Uniform

It’s now summer uniform time again, however during these last few weeks of Term 3 (after Fathers’ Day) we allow either uniform (winter or summer) to be worn in what is usually a transitional weather period. Given today’s 30deg sunshine I’d suggest the winter tunic material might be too hot already ☺

Interestingly, only our girls’ uniform is subject to the seasonal changes, with our boys just choosing between long pants or shorts, and long sleeves or short, but essentially wearing the same uniform all year round... What do you think about this?

Look out for a Facebook *poll* on this topic sometime in the next week ☺

We have been working with our P&C Uniform Committee over the past year+ to develop ideas for making our overall school uniform more equitable and functional. We plan on introducing a new item for girls and are just awaiting timeframes on delivery of the newly designed *culottes*. The culottes are essentially like a pair of shorts but look like a pleated skirt. We are very happy with the neat look of the new uniform item – in the summer pattern. We will publish more details once we have a confirmed delivery date.

Community opinion

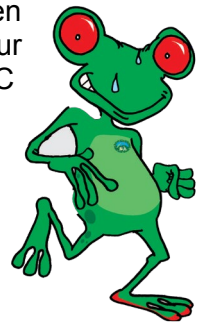
Thanks for the many Ironbarkers who have so far responded to my simple ‘poll’ on our school Facebook page. Although a close result so far, many of you would prefer to have an earlier opportunity to speak with your child’s classroom teacher each year. We’ll await the final results, but this is certainly now in our considerations for 2020 planning ☺

Our school Facebook page is a great connection medium so please follow it if you have a Fb account. We will continue to ask simple questions through the page to gauge the *Ironbarker opinion* on a range of educational issues and activities.

A new school playground space... time to design!

With Axiom Education (our site owners) & Spotless (our maintenance company), and financially supported by our P&C, we have very recently engaged a company to design and build a new play space to encourage and foster imaginative and sensory play. This area, situated between our Library and the E Block classrooms, leading towards our Learning Hub, will include a combination of natural materials and constructed landscaping to best use the narrow but varied space available. It will provide a transitional space between the controlled Fun Club and Learning Hub area and the far busier free play areas of our school. Our students are to be the central designers of the play area, and through our SRC will be involved in evaluating the space, suggesting ideas and choosing the final designs. Our Student Leadership Team have already begun planning for such a quiet play area to contrast to our busy grass oval and noisy handball and basketball courts. They will work closely with the contractor to come up with the final design options.

The children’s play area at nearby Mungerie House was designed and built by this landscaping company, so have a look at the ideas incorporated into that space. The design workshops will be held in Week 1 next term!



Canteen volunteers needed

Despite how talented and efficient our Canteen staff Doris and Mel are, they are always very thankful for parental (and grand-parental) volunteers. Preparing lunches for over 250 students can be a mammoth task that is made easier by a pair of extra hands. Please consider adding your name to the roster on the back of our Canteen if you can offer an hour or two of your time one day. Getting to know Doris and Mel is a free perk of the job, and the smiles on our students’ faces when you serve them at the counter are a priceless bonus ☺

Parking and Road Safety

I recently learnt a new fact. If the children's crossing at the front of our school is clear of pedestrians, the legal speed limit when driving across it is still 20kph! Some of you may have learnt other new facts recently as well... perhaps through the delivery of a parking fine or traffic infringement notice ☹️

- It is illegal to stop your vehicle in traffic and let passengers in or out.
- Stopping 'above' our Children's Crossing on Ironbark Ridge Rd in the 'No Stopping' zone is, well, obviously not legal.
- It is illegal to stop/park on (or within 6m) of the corner of Camargue St opposite the school.
- Turning a U-Turn in the end of Camargue St (across the double white lines) is also illegal.
- Parking across someone's driveway is not nice. Please don't do it.

I'm asking our drivers at morning drop-off and afternoon pick-up times to be patient and to follow the road rules for the safety of our students and other pedestrians... and our crossing attendant, too!

Parenting

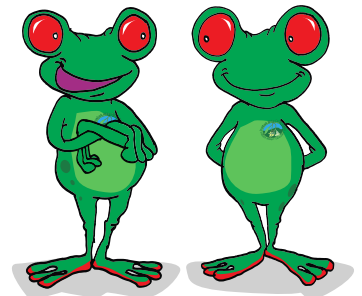
Although with best intentions and in love, doing too much for our children can actually inhibit their growth. Our primary job as a parent is to eventually become redundant! That's a weird way of saying, we need to help raise our children to become independent, capable, creative citizens of this world. Regardless of whether our children are in Kindergarten or Year 6, they need to keep moving along the way towards independence. Have a read of the Parenting Ideas article later in this newsletter!

Chess Coaching popularity!

Upon visiting our Monday after-school chess coaching last week I was excited to see almost 70 students engaged in either playing chess under supervision and coach support, or being explicitly taught chess strategy. Thanks to Sydney Academy of Chess for offering this great program to our learners! Enrolments are always accepted online if you are interested. Ironbark Ridge has a strong chess tradition with our State Champions/ 2nd at Nationals team from 2016 still fondly remembered ☺️

Yours in growth and learning,

Nick Thomson
Principal



DEPUTY PRINCIPALS' REPORT

Father's Day – Thank You



We sincerely thank our P&C and parent helpers for their amazing effort providing the children with an opportunity to purchase a gift from the annual Father's Day stall. The stall was very well supported, providing an excellent way for the children to give something special to dad. It was also wonderful to see so many dads spend time with their children cooking, serving and eating hot dogs for lunch! The annual hot dog day has become an Ironbark Ridge tradition, and our thanks must go to Mishelle, Aaron and their teams for putting together a very successful day.

2020 Enrolments

With Term 3 now well underway, we would like to remind parents that enrolments for Kindergarten 2020 are now due to be returned to school. If you live in our school catchment area and have a child who will be starting Kindergarten next year, please visit the front office or our website for an enrolment form. This will ensure the school can plan appropriately for our students. Thank you to those families who have already visited the school and completed their enrolment details. Families who live outside of our catchment zone are encouraged to visit our website for information about non-local enrolments. Although the NSW Department of Education has recently updated the Enrolment Policy, at Ironbark Ridge we have been operating under these guidelines for many years now. If you have any questions about your personal circumstances, please feel free to contact us to discuss your individual situation. You can read all about the updated NSW DoE Enrolment Policy here.

Click here: [NEW ENROLMENT POLICY](#)

Kindergarten Information Evening

Our Kindergarten team is ready to welcome our 2020 Kindergarten students and their families. We will be hosting an information evening for prospective parents next Tuesday night at 6pm in the library. All welcome to come and hear about the teaching & learning programs, general information and meet our team.



Ridges Festival

Congratulations to our Kindergarten, Stage 1, Stage 2 and Stage 3 dance groups as well as our dedicated Ridges Choir for their outstanding performances at the Ridges Festival of the Arts on Monday night. It was a privilege to be involved in a local event which prides itself on showcasing public school talent. Thank you to our hardworking choir and dance group teachers, and the staff and parents who supported our students on the evening. It really is a testament to our community that we enjoy such fantastic support. Thank you again to Mrs Ormsby for taking fantastic photos of our students' performances. She has also posted an impressive montage of photos on our school Facebook page. Make sure you check it out!

Learning & Support at IRPS

At Ironbark Ridge, we are very fortunate to have a very proactive, supportive Learning and Support Team that works with students, staff and parents to provide support to students in the academics, as well as the social, emotional and behavioural areas of their learning. The LST focuses support in the classroom and in withdrawal groups in the English and mathematics curriculum areas. The LST consists of Mrs De Jager, Mrs Pho, Ms McCarthy or Ms Zammit (school counsellors), Mrs Robson (Assistant Principal Learning & Support) as well as the classroom teacher and assistant principal for any student being reviewed. Parents play an important role in our Learning & Support process and are consulted prior to referral. If you have concerns about your child's progress, the first port of call is always your child's classroom teacher. We can then work together to find the most appropriate way to support your child.

Grandparents' Day and Book Character Parade

At IRPS, we will celebrate our love of reading and literature on Wednesday 11th September. For this event, we welcome our beloved grandparents and 'grandfriends' to come and share stories with the students and watch our parade of book character costumes. Thank you to Mrs Paton, Mrs Weekley and Mrs Bryce for their organisation of this fun day. Please see their post later in this newsletter for all the details.

ADMINISTRATION

As our Parent Information Evening is coming up on Tuesday 10th September commencing at 6.00pm and is being held in the library. We are taking enrolments for kindergarten students for 2020. Enrolment forms are available on the school website. Hard copies are available from the school office. Please check our website for the required documentation to support your child's enrolment. Unfortunately, enrolments cannot be accepted if the documentation is incomplete.

For kindergarten siblings of current students, please keep in mind that our catchment area has changed significantly due to the opening of the new North Kellyville Public School this year. You may find that your address no longer falls into our catchment area. If your address is no longer within our catchment area, you will need to fill out a Non-Local Application which can also be found on our website under "About Our School", then "Enrolments".



You can check your address on the School Finder system:

<https://education.nsw.gov.au/school-finder>

We look forward to welcoming your child to Ironbark Ridge Public School in 2020.

Allison Batten
School Administration Manager

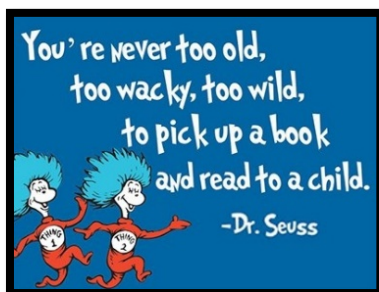
Kindy Capers

Term 3 is certainly flying by! We have had such an exciting and busy couple of weeks with Hot Dog day, the Father's Day stall, Jersey Day and dance performances.

In Week 6, **Kindy Kirribilli** hosted the school assembly with their buddy class, 4 Patonga. They did a wonderful job speaking on the microphone, telling some "dad jokes" and performing a Father's Day song for their dads.



On Monday, the **Kindy dance group** performed at the Ridges Festival. The Students who represented IRPS did a fantastic job. It was a massive day with the rehearsal and performance but the "Little Monstars" were all stars!!! A big thank you to Mrs Nahirny and Mrs Woodbury for all that you do for the students in the dance group.



Wednesday the 11th September is **Grandparents Day and the Book Parade**. Students are encouraged to come to school dressed as their favourite book character. Grandparents are invited to the classrooms from 9.10am to share their love of reading and read a book with their grandchild and then stay and watch the parade which begins at 9.50am. We are looking forward to seeing all the wonderful book character costumes.

Reading Eggs and Maths Seeds

A reminder that your children have access to Reading Eggs and Maths Seeds at home. These programs are a fun, engaging way for students to

practise the skills they have been learning in the classroom.

ES1 Teachers

Stage 1 Snippets

It has been another extremely busy week in Stage 1 with lots of meaningful learning happening. This term is flying and it's only getting busier as we reach the finish line. Some upcoming events include Book Parade and Grandparents Day next Wednesday! Stage 1 teachers are looking forward to seeing students in their wonderful costumes and even excited to show off theirs!!



Next Thursday we are hoping to see all the animals come out from within with our RSPCA day. Students are encouraged to wear animal print or an animal onesie.

On Friday the 20th of September, K-2 will have their Sports Day down at Bruce Purser Reserve. Students who are in Year 1 and students in Year 2 who have turned 7 this year, will be attending. Students are to wear their sport uniform or a top in their house colour. They will need to bring their fruit break, recess and hats.

One of our very own Stage 1 students, Hayden (2C), has brought a wonderful initiative to our SRC committee. This term the school will be supporting Envision, to collect plastic bottle caps. Envision takes the donated bottle caps and transforms them to make prosthetic hands. Please send in to school any plastic bottle caps to contribute to this worthwhile cause.



Looking forward to a wonderful last few weeks of learning,

Stage 1 Teachers

Stage 2 Snippets



Book Parade and Grandparents Day

Next week will be full of excitement with our Book Parade and Grandparents Day on Wednesday the 11th of September. We look forward to seeing your creative costumes representing a favourite book character.

Walkabout Wildlife Park

Stage 2's excursion to Walkabout Wildlife Park is fast approaching. Dates for this excursion are as followed:

3A, 3C and 3K – Monday Week 9, September 16th

4E, 4I and 3S – Monday Week 10, September 23rd

4/3B, 4H and 4P – Friday Week 10, September 27th



Lost Property

**LOST
PROPERTY**

We encourage your child to look through lost property to locate any missing belongings. There is a large number of hats, jumpers and containers.

Congratulations to the Stage 2 Dance group and Choir

The Stage 2 Dance group and Choir performed at the 2019 Ridges Fest on Monday night. Their performance was outstanding and entertaining. They are to be congratulated on their exemplary behaviour demonstrated when representing our school.

Helping Hands

This Term the SRC team of leaders are encouraging us to join together as a school and help others in need. Their Charity this term is Envision Hands. This incredible charity collects plastic bottle caps and turns them into prosthetic limbs. So before you put out your recycling, please set your bottle caps a side and send them to school with your child.

For more information on this charity:

<https://envision.org.au/envision-hands/>



RSPCA fundraiser



On Thursday the 12th of September, students are encouraged to come to school dressed as an animal or in an animal print to support the RSPCA. Students are encouraged to bring a gold coin donation.

Stage 2 Teachers

Stage 3 Snippets

We are racing our way through Term 3 with many experiences and events already completed, but still so much to pack into our final 3 weeks.

Last Monday our fabulous performance groups participated in the Ridges Festival, with choir and the Stage 3 dance group lighting up the stage. Many thanks to Ms Hoggan, Miss Fox and Miss Chaouk for their time and dedication in providing our students with this wonderful opportunity.



Coming up next week is our annual Book Character Parade. We hope the planning for costumes and characters is well under way and look forward to viewing them on Wednesday. The theme for Book Week this year is "Reading is My Secret Power" if anyone is looking for inspiration (the Stage 3 teachers are ready and raring to go!).

Get ready to roar on Thursday as the school shows support for the RSPCA. Don't forget to bring in a gold coin donation and wear some item of clothing with animal print on it, t-shirts, scrunchies etc. Or be bold and wear your animal onesie (just remember to wear clothes under your onesie in case it gets too hot!).



Year 6 Fun Day is also on the horizon. This has become an important tradition at Ironbark and all students racing around the school from activity to activity. Year 6 students are furiously planning fun and exciting experiences for this year so make sure all notes and payments are in by the due dates. Payment for show bags has now closed, but we are still accepting permission notes for participation on the day.



We have been heavily engaged in our learning this term focusing on extreme weather events and natural disasters. Building our knowledge on the layer of the earth and in particular the impact of and how we can plan for and predict such catastrophic events. Current world events (eg. Hurricane Dorian) have been valuable in enhancing our understanding.

Enjoy the last few weeks of Term 3!!

Stage 3 Teachers

Ridgy Didge Awards

WEEK 6

KG	Mia, Zaynah, Benjamin
KA	Rayna, Megan, Ben
KW	Aaraf, Summer, Matilda
KK	Anna, Charlie, Sunny
1L	Aaron, Cindy, Ishan
1C	Madison, Cadell, Lukas
2C	Tyler, Aska, Jemima
2M	Nethuki, Aavyah, Iris
2D	Emaan, Carter, Evan, Ali
2W	Emily, Olivia, Akshara, Shivani
3C	Shaakshini, James, Aarav
3A	Maisie, Lucy, Syna
3S	Ved, Danya, Damanpreet
4I	Aidan, Tvisha, Adithi
4P	Michael, Shyla, Riane
5E	Riley, James, Sammy
5H	Abhay, Ragak, Gurjivan
6/5M	Coby, Mackenzie
6J	Ian, Chenuth, Isini
6L	Gurkirat, Giovanni, Hayden
CHINESE	4/3B, 1CB
LIBRARY	KG, KA, 1CB

WEEK 7

KN	Harrison, Hailey, Hareem
KD	Kethenaa, Christopher, Ahan
1T	Luca, Yash, Olivia
1Y	Stylianos, Rehan, Megan
1J	Sargun, Jayed, Emma
1E	Mason, Maria, Savanna
1R	Aribah, Aahan, Albert
2A	Mia, Travis, Amelia
2K	Shlok, Alexis, Mackenzie
3K	Lorren, Tyler, Helena, Addison
4/3B	Elena, Fudail, Ryan, Alexander
4H	Deeyana, Elizabeth
4E	Momo, Cindy, Bhavna
5W	Harry, Aadhya, Allegra
5B	Arya, Amber, Max
6S	Beau, Lauren, Prateek
6A	Marshall, Olivia, Ekam
CHINESE	4/3B, 1Y, 1E, 5B,

Book Character Parade

(Dress as your favourite book character)

Grandparents' Day

WEEK 8

Wednesday 11th Sept

9.10am to 9.40am

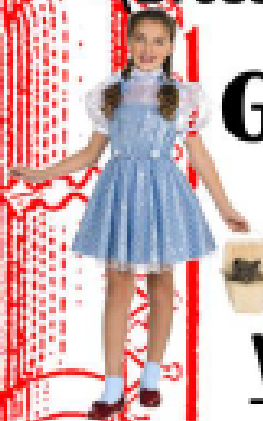
Activities in Classrooms

9.50am

Book Character Parade

11.00am

Morning Tea



Congratulations Ironbark Athletes!

On Thursday 22nd August 60 of Ironbark's finest athletes competed in the Ridges PSSA Athletics Championships at a very cold and windy Blacktown International Sports Centre. The competing students did our school proud, both on and off the track and field with their amazing performances and team spirit.

First and second place getters in each event (top three for 100m events) were invited to represent the Ridges team at the Sydney West meet in October. A special congratulations goes to the following students who were selected for this team;

Isabella M - 3rd place 9 Year Girls 100m

Harrison F - 2nd place Junior Boys 800m and 3rd place 10 Year Boys 100m

Chanae G - 3rd place 10 Year Girls 100m

Eloise P - 1st place Junior Girls Shot Put and 2nd place Junior Girls Discus

Puatonga O - 1st place 11 Year Boys Shot Put and 1st place 11 Year Boys Discus

Liam V - 2nd place 11 Year Boys Shot Put

Jasmine J - 2nd place 12 Year Girls 100m and 2nd place Senior Girls 200m

PSSA SPORT – TERM 3

STUDENTS PARTICIPATING IN PSSA TEAMS ARE REQUIRED TO BE AT SCHOOL ON FRIDAY MORNINGS BY 8.45AM FOR AN 8.50AM SHARP DEPARTURE. IF STUDENTS DO NOT ARRIVE ON TIME THE BUS WILL NOT WAIT AND YOUR CHILD WILL NOT BE PARTICIPATING IN PSSA ON THAT FRIDAY.

WEEK 8 13th September PSSA Summer Sport begins

Please check the draw and venues for PSSA sport on the Ridges website:
<https://ridgespssa.com.au>

CANTEEN

Book Parade/Grandparents Day \$6 Meal Deal

Your choice of either a chicken or beef burger as well as a drink - juice or water.



You can order your child's lunch for the day, via the usual Flexischools ordering.. Orders will close September 11 at 9am. There will be no normal menu available on Wednesday, all normal orders will be available on Thursday.

Thank you for your assistance with this.

Doris and Mel

UNIFORM SHOP NEWS

Uniform Shop Term 3

OPENING HOURS School Terms only

Mondays 8:30am – 9:30am

Wednesdays 8:30am – 9:30am

Fridays 8:30am – 9:30am

(26 Jul, 9 Aug, 23 Aug, 6 Sep, 20 Sep)

Fridays 2:00pm – 2:50pm

(2 Aug, 16 Aug, 30 Aug, 13 Sep, 27 Sep)

We are now using a new sales system in the uniform shop so please be patient with us as we learn it. This will mean a few changes for you as customers.

- **All receipts will now be sent electronically by text or email. You will need to provide this detail at time of purchase. If you choose not to then refunds/returns will be unavailable to you.**
- **Refunds/returns will now only be accepted strictly within 90 days of purchase & you will have to show your receipt. Goods must be in an as sold condition.**
- **We no longer accept Union Pay credit cards**
- **We now accept AMEX**

From Term 3 all online sales will be from our new website **NOT Flexischools**.

The website address is :

<https://ironbark-ridge-public-school-pc-association.square.site/>

- Payments are by VISA / Mastercard / Amex only
- Choose "Shipping" if you wish to have your order sent to KTOOSH
- **"Note to Sender"** please ensure that you put your child's **FULL NAME & CLASS** in this box for all orders

Whilst these changes will not suit everyone, they have been made with consideration to those who volunteer in the Uniform Shop and for reporting/ordering purposes. All our stock is now more manageable in one place & we can sell to more people at the same time rather than waiting on one till. The online store now has items such as House accessories and Hair ribbons that we were unable to put on flexischools. If you have any issues or find any errors/problems on the website please contact us on uniforms@irpspc.com.

insights



Are you asking your kids to step up?

by Dr. Deborah Gilboa

We do a lot for our kids, because we love them and often they need us. But we forget that one of the best things we can do for our kids is to help them learn to do for themselves and for others.

Do you ask your kids to do chores, to help out on a regular basis? You would be surprised how many parents – who were raised doing chores – don't ask the same of their kids. If you do give them chores, do you sometimes go behind them and redo the work when they're done? Don't! If it's not done right, get your child to fix it.

When I ask why parents don't give chores or why they don't challenge their kids with hard things – and I do, all over the world – parents tell me it's because kids are too... busy! They're working their tails off on classwork, teams, clubs, groups, trying to excel at 100 different things! So adults are willing to take on every other responsibility in their lives in order to facilitate these goals. And it's hurting kids.

We drive them everywhere – fewer teens are seeking drivers' licences each year. We type their work, do their research and try to buy them anything they or we think might possibly increase their success. We solve every problem and bulldoze over every potential obstacle. And kids accept this as the natural order of things.

We are stepping in front of our kids, when in fact we should be stepping *back* and allowing our kids to step up.

It sounds like tough love, but it's not. This is parenting. This is making sure that our kids, in just a few short years, don't still need us to do everything for them. Our kids know that we are expert problem-solvers. Now it's their turn to step up and learn to help themselves and others.

So how can we let kids step up? Here are a few tips you can try right now with kids of any age.

1. When your child or teen comes to you with a problem, don't fix it. Say "You're a good problem-solver. What do you think?" And then listen to the answer.
2. Expect them to fail, and talk about what they'll do when (not if) that happens.
3. Give them tasks to do that help the whole family (not only themselves) and make sure they do them, until it's done well. Be patient, but firm.

It's crucial that you take a step back and let your kids make mistakes and learn from their experiences. You aren't going to be there in adulthood to clear the obstacles they face or solve the struggles. They eventually will have to make decisions and find solutions on their own and they will be ill-prepared if they weren't allowed to make those

mistakes under supervision while you're right there to show empathy and give support!

You may be thinking "but what if there's an emergency and I have to jump in?" Well, first define emergency.

Two percent of the time, kids need an adult to jump in front of them and solve the problem. They need an adult to protect them from a life-threatening issue that overwhelms their internal resources such as when they experience bullying, mental health issues and eating disorders.

The other ninety-eight percent of the time kids need a compassionate adult to take an interest, from a distance, without fixing anything. So step back so that a child or a young person can step up and handle problems and dilemmas themselves.

[You can attend our upcoming webinar, Step back so kids step up, at no cost!](#)

About the webinar

Children and teenagers are capable of so much more than they are often given credit for. Closing the expectation gap between what adults believe kids and young adults are capable of, and allowing them to create their own solutions to the challenges they face will greatly impact their resilience, and society as a whole. In this webinar, Dr. G will outline the practicalities of doing that, and the guiding principles that will make it possible.

When

Wednesday 18 September 2019 8:00pm AEST.

Price

This webinar is \$37 per person to attend, and is free of charge to families at schools that have a membership.

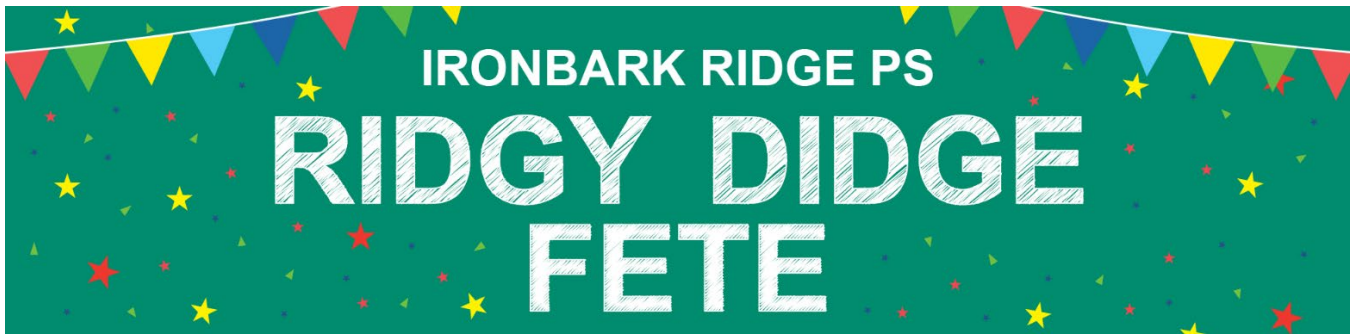
How parents can redeem the voucher

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-step-back-so-kids-step-up>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **STEP** and click 'Apply Coupon' (valid until 18 October 2019). Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details. These details are used to login to your account and access your parenting material
7. Click 'Place Order'



Dr. Deborah Gilboa

Internationally respected parenting and youth development expert, Deborah Gilboa, MD, is the founder of AskDoctorG.com. Known as Dr. G, she is an industry leading speaker, author, social influencer, and media personality. Dr. G inspires audiences with relatable stories and tools to develop life skills in children, teens and young adults ages 2-22. Connect with Dr G on [Twitter](#), [Facebook](#), [Instagram](#) or via [her website](#).



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COMMUNITY NOTICES

Parramatta High School

Open Night

Wednesday 23 October 2019
Commencing in the School Library
5pm School Tour
6pm Information Session

*An information session for
parents of students in the
2020 Selective Classes, and
parents of students in Year 5
seeking placement in 2021.*

*Contact the school on
9635 8644 for further details, or
visit the school website
[www.parramatta-
h.schools.nsw.edu.au](http://www.parramatta-h.schools.nsw.edu.au)*

*Parramatta High School
Great Western Highway
Parramatta NSW 2150*

Respect - Responsibility - Honesty



SYDNEY BOYS HIGH SCHOOL

Open Day Thursday 12 September 2019, 9:30am - 12:00pm



NURTURING SCHOLAR SPORTSMEN SINCE 1883
www.sydneyboyshigh.com 556 Cleveland St, Moore Park NSW 2021 Ph: 9662 9300