



Ironbark Ridge PS

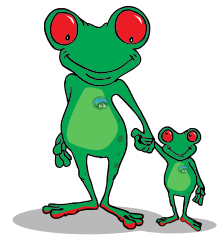
1 Ironbark Ridge Road, Rouse Hill, 2155.

Ph: 8814 5687 Fax: 8814 5698

Email: ironbarkrg-p.school@det.nsw.edu.au

Webpage: <https://ironbarkrg-p.schools.nsw.gov.au>

Nurturing personal growth through inspired learning...



Newsletter 2020

Term 4 Week 3 30th October 2020

Be Safe, Be Responsible, Be Respectful

DATES FOR THE DIARY

November

4th November – Kindergarten Orientation #1 @ 9.30am

9th November – IRPS Athletics Carnival

Yrs 3-6 (Students Only)

12th November – Kindergarten Orientation #2 @9.30am

19th November – Kindergarten Orientation #3 @9.30am

23rd November – Kindergarten Excursion to Calmsley Hill

30th November – Whole School Photo

4th November – P&C Meeting 7pm

11th November – Remembrance Day

18th November – OC Placement Test

19th November – 2021 Student Leadership Interviews

24th November – Band Demonstration Concert via Zoom

** Subscribe to our 'Ironbark Ridge – Public' Sentral calendar (see the Parent Portal)**

PRINCIPAL'S REPORT

Happy World Teachers' Day!

Today has been a wonderful day of celebrating Teachers all across the world, and most importantly for us here at Ironbark Ridge. For many of us teachers, remembering the impact a special teacher had on us when we were young, and striving to leave that same 'legacy' of *inspiration*, *self-belief* and *intrinsic value* in our current students is what is at the core of our beings as teachers. We don't just teach, we ARE teachers.



We are fortunate indeed to be working in such a generous and caring learning community here at Ironbark Ridge. Your many messages of support and thanks to all of our teachers collectively, and also individually, have been received with much thanks and some teary eyes. To hear your words of gratitude through emails, special 'teacher apple' comments (as displayed in our staffroom today thanks to the wonderful Mel, our P&C Secretary – see left) and messages from the students themselves in the playground and classrooms have really meant a lot to us all. This year has developed new levels of resilience in all of us, no doubt... however we all still benefit greatly from occasions when we hear how thankful others are for the hard work we do for our students.

What Works Best... Wellbeing!

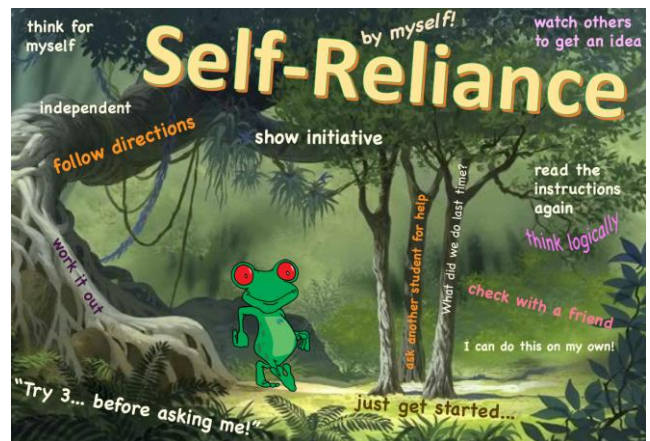
Wellbeing is a broad term that encompasses many dimensions, including cognitive, social, physical and emotional health. For students, evidence shows that higher levels of wellbeing are linked to higher academic achievement, school attendance, better overall mental health and a more pro-social and responsible lifestyle. Supporting student wellbeing in a school is the responsibility of us all – it relies on a collaborative partnership between families and the school. At Ironbark Ridge we use a wide and varied range of practices and initiatives to support student wellbeing. These are most effective when they integrate to promote a supportive environment across the whole school. As part of our current school review and 'Situational Analysis' we are collecting evidence for the effect of each

separate initiative and weighing this up with the investment of time and energy to plan improvements, additions and even which programs to *decommission* as we move into the 2021 year.

Successful Learner Habit: Self-Reliance

(We are all Ironbarkers... We are all Learners.)

This fortnight our students are concentrating on being more self-reliant, and also on the skills of collaboration. Students who are practising *self-reliance* independently read, interpret, listen to, predict, analyse and are able to carry out (age-appropriate) sets of instructions from a variety of sources. They are able to use routines and prior experience to assist others and be independently organised without any prompts. A self-reliant learner tries at least three different approaches before seeking assistance from their teacher/leader/parent (these can include watching others for modelling and asking a peer for guidance or advice).



Smart

A quote from the book I'm currently reading:

"What matters is not how smart you are... but *how* you are smart!"

It's so important we remind our children that there are many different ways of being intelligent, of being a 'genius'; different ways of finding success and growth. Physical, creative, artistic, interpersonal, verbal, organisational and musical brilliance should be valued equally with academic and analytical prowess. Howard Gardiner's theoretical work on *Multiple Intelligences* prompts good discussion and healthy balance. We want all of our Ironbarkers to find and pursue their own challenges and success in life.

Planning update

Teachers are continuing their process of measuring and collecting evidence of student growth across 2020 so they can write student progress reports, and in parallel we are continuing the task of collecting evidence of the impact of our school-wide learning programs. At next Wednesday night's P&C meeting we will present further information to you all of the indicators that data analysis is providing us with so far. In the true spirit of evaluative thinking we are with-holding our judgement and attempting to avoid confirmation bias – hence strategic planning is only in formative stages until later in the year. However we will enjoy giving you some insight into our current findings. Thank you so much to the almost 100 of you who took the time to complete our *Tell Them From Me* survey as it has given us excellent information about your opinions for us to now tussle with. All of our Year 4-6 students completed a similar survey last term and their opinions are obviously of vital importance to us as we collectively draft the future of Ironbark Ridge. We will publish a presentation for you to view at your leisure if you are not able to join us next Wednesday night via Zoom for the 7pm P&C meeting.

Sports Fun Day – Canteen

With our upcoming Sports Fun Day for Year 3-6 students almost upon us (Monday 9th November), a quick message that only special Canteen lunches will be available through FlexiSchools on that day. Please note that for simplicity, the whole menu will change for the day and K-2 students will need to order from the lunch-pack selection as well. Please check the online menu for more details.

Kindy visitors

Due to changes in school guidelines, next week will be the first visit for our 2021 Kindy students, and unfortunately our usual live information sessions are now all in online presentation format. Parents will also be required to wait outside the school grounds, ensuring we can maintain our *School = Safe Zone* practices. We are really looking forward to meeting all of our new young visitors, and know they will benefit immensely from this opportunity to get a feeling for what 'big school' will be like next year. Sorry Zoom, but there are some things that you can never replace, and being in a real classroom is one of them!!

Diwali

On Thursday 12th November we will celebrate Diwali, the festival of lights, at Ironbark Ridge with some fun and creative activities organised and run by our Student Leadership Team. All of our students will have the opportunity to participate during their lunchtime. Collectively we will create a patchwork design... and our annual time-lapse video will keep track of the progress – look out on our YouTube channel for the results of this celebration.

School start date change for 2021 (and finish dates, too)

The NSW Department of Education has made a change to the School Development Days (SDD) for next year, 2021. Teachers will now *begin* the year with **two** days of professional learning, team planning and classroom learning preparation; on Wednesday 27th and Thursday 28th January. This of course means that the first day of school for students in Years 1 to 6 will now be Friday 29th January. New Kindy students will have their Best Start interview assessments and will not start in classes until Thursday 4th February to ensure a smooth transition to 'big school'.

At the **end** of 2021 there will only be one SDD, on Friday 17th December, with the last day of school for students now being on Thursday 16th December, 2021.

NOTE that these changes are for NEXT YEAR, 2021 😊

Parenting: Parenting like a Cat & Dog

As a parent we are constantly faced with new challenges as our children grow and change. We need a range of parenting styles and attitudes to meet the many episodes of 'attitude' we get from our children 😊

Perhaps we need to be more like a cat sometimes... and then adopt the dog persona in another situation...

Parenting is a demanding and inexact science, however there is plenty we can glean from the experiences, successes and failures of others. Why make the same mistakes as those who went before us when we can learn from them and avoid these pitfalls? Our children rely on us to constantly be achieving growth in our job (parenting), just as we expect them to make growth every year. Take the time to sharpen your parenting saw and read a book or watch a webinar!

As usual, I've included an article by Michael Grose, parenting expert from www.parentingideas.com.au a bit later in the newsletter. This week it has further instructions about how to piggy-back off our school membership to register **for free** for an online learning session about parenting styles. Be a learner just like Ridgy the Frog!

Childhood Anxiety Treatment - study

Anxiety is defined as feelings of nervousness, worry and fear that is usually brought on by seeing or experiencing certain triggers or events, and/or by the expectation that something is too frightening or difficult to cope with. Anxiety can be helpful when dealing with new challenges and novel situations. However, if it occurs too often or too strongly, it can lead to children not coping in many situations. For many children and their parents, anxiety can be highly disruptive and prevent children from doing things that other children their age can do. Volunteers are being recruited for a university-led study/project that will examine two treatment conditions and determine if they are as effective as each other in alleviating children's anxiety disorders. Collecting evidence to support interventions and support programs such as these is an important part of evaluation and medical application... in much the same way as we evaluate our learning programs here at Ironbark Ridge. I encourage families from the Ironbark Ridge learning community who consider this of interest to their children's healthy development to read the brochure later in the newsletter and to use the handy links to contact the study's authors.

Looking forward to a rewarding Term 4,

Nick Thomson
Principal

parenting*ideas
schools

**Your Parenting Ideas
Webinar Voucher**

Webinar: Parenting like
a cat and dog

Guest Speaker: Michael Grose

11 November 2020 –
08:00pm

VOUCHER CODE
METAPHOR

VALID UNTIL 31 DECEMBER 2020

Download PDF Version

Attend this webinar at no cost

Valued at
\$37

DEPUTY PRINCIPALS' REPORT

World Teachers' Day 2020

Today we celebrated World Teachers' Day. All staff were welcomed with a morning barbeque and afternoon tea kindly catered for by our office, SLSOs and SAS staff. Mr Thompson and Mr Ian expertly cooked the breakfast. Our P&C provided the teachers with many lollies and sweets to enjoy throughout the week. These have certainly been appreciated by all staff. Thank you to the many families who have also supplied us with delicious morning tea treats and snacks to show their appreciation for the wonderful work that our amazing teachers do each day at IRPS.

Leadership Tryouts

On Thursday we worked for almost a full day watching our new potential 2021 school leaders engage in many and varied activities. Each activity provided the opportunity for our Year 5 students to demonstrate their leadership skills. Approximately 78 students tried out which was a fantastic accomplishment. We could not have been prouder of our students or our current leaders. Their ability to think and behave with such insight and integrity was something to witness.

Preparing and Planning for 2021

Teachers are beginning preparation and planning for class structures for 2021. In order to support effective staffing, we respectfully request that any families (Kindergarten to Year 5) moving out of the area please inform the office in writing if your child/children will not be at Ironbark Public School in 2021. Please feel free to email the school at ironbarkrg-p.school@det.nsw.edu.au

Reports

Teachers are engaged in ongoing assessment of progress towards outcomes for all of the students in our school. Parents/carers of all students are to be provided with a formal report on their child's learning twice a year. In Semester 1, 2020 interim modifications were made to the requirements due to COVID-19. In Semester 2, 2020 the interim modifications will no longer apply and you will receive a full report in December. Reporting to parents/carers will continue to focus on the learning that has taken place with guidance to move learning forward.

Celebration Day Changes

This year Celebration day will be held on Tuesday 8th December at Rouse Hill High School. There will be some changes to our usual way of operating that are in line with Department of Education guidelines and working to keep our children and community safe. Although parents will be unable to attend, we will still formally acknowledge many students for their outstanding work and effort this year. The final details will be provided closer to the date. The Year 6 farewell committee is also deep in planning to ensure that we farewell our wonderful Year 6 students in the best way possible under the current guidelines. I know that whatever the final plans will be, parents will be supportive to ensure that the students are recognised and have a fun evening. Year 6 graduations will take place in our school hall. These events will also be modified to meet current guidelines, while still ensuring that students are appropriately acknowledged.

Applications for selective high school placement for Year 7 in 2022

This year applications will be accepted from Tuesday, 13 October 2020 to Monday, 16 November 2020. Parents must apply online at <https://education.nsw.gov.au/public-schools/selectivehigh-schools-and-opportunity-classes/year-7> All applicants are required to sit the Selective High School Placement Test to be held on Thursday 11 March 2021.

School Travel – 2021 Applications

Applications for student travel in 2021 opened on Monday 12 October 2020. Students who require a School Opal card or travel pass for 2021 can now apply online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody). Please go to the school travel passes at Transport NSW for more information. <https://apps.transport.nsw.gov.au/ssts/#/howToApply>

Have a wonderful week.

Kerry De Jager and Kylie Robson

Deputy Principals



Ironbark Ridge Public School

Parent Planner Term 2 2020

** Note: All dates on this planner are subject to change at the discretion of the school. **Updated**

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
4 November	2	3 <i>Melbourne Cup</i>	4 9.20am Kindergarten 2021 Orientation #1 7pm P&C Meeting via Zoom	5	6	7/8
5 November	9 <i>IRPS Athletics Carnival (students only)</i>	10	11 Remembrance Day	12 9.20am Kindergarten 2021 Orientation #2	13	14/15
6 November	16	17	18 OC Placement Test	19 9.20am Kindergarten 2021 Orientation #3 2021 Student Leadership Selection Interviews	20	21/22
7 November	23 Kindergarten Excursion to Calmsley Hill Farm	24 <i>Band demonstration concert via Zoom</i>	25	26	27 No PSSA	28/29
8 Nov/Dec	30 Whole School Photo	1 NSW High Schools Orientation Day	2	3	4	5/6
9 December	7	8 Celebration Day 9.30am 3-6 11.30am K-2 Year 6 Farewell (TBC)	9	10	11 Semester 2 Student Reports Published	12/13
10 December	14	15	16 Last day for students 2.00 Year 6 Leaving Assembly	17 Staff Development Day	18 Staff Development Day	19/20

ADMINISTRATION

Online Enrolments

We're very excited to announce that online enrolments are now available at Ironbark Ridge Public School. The online enrolment system digitizes and streamlines enrolment processes for both parents and for schools.

Parents can complete their child's enrolment application online, thus eliminating the need to complete the paper form.

The system is being developed in stages and currently only accommodates applications for local students into their local school.

KINDY CAPERS

Term 4 is now well under way and Kindergarten students are enjoying participating in the various learning activities planned by their teachers.

Remember that each week students have an opportunity to develop their talking and listening skills by sharing news with their classmates. You will have received a note/email advising you of your child's news day and the topics set for each week. Please support your child by discussing the topic and their ideas before their news day. Such conversations are valuable as they help students gain confidence and feel comfortable and prepared before speaking to their peers.

Our much-anticipated excursion to Calmsley Hill Farm is booked for Monday 23rd November. Most students have already paid however due to the revised date we require parents to sign and return a new permission form. The new note was emailed to all families from the school office.

As the weather continues to warm up, we would also like to remind parents that students need to have their hat and refillable water bottle at school each day to make them comfortable when playing on the playground. Due to current restrictions, our bubblers are not in use however we have several water bottle refilling stations for students to refill their personal drink bottles.

Finally, enjoy some photos of students during STEM lessons learning to work and create collaboratively and students learning about time in Mathematics lessons.



STAGE 1 SNIPPETS

It is hard to believe that we are heading into Week 4, Term 4! Stage 1 teachers have been very impressed with how settled and focused students have been inside our classrooms.

As part of our Geography unit, students will be learning how to use a computer program called CoSpaces. This app-based classroom tool allows students to create a virtual reality environment. Some classes have already experimented with the program, demonstrating their digital literacy and critical thinking skills.



Thank you to those parents who have restocked their child's pencil cases with pencils, glue sticks, scissors etc.

Unfortunately, our excursion to Rouse Hill Farm has been officially cancelled. We were hopeful we would be able to reschedule for Term 4, however this is not possible. Parents will be receiving a refund in due course.

Have a lovely weekend!

Stage 1 Teachers

STAGE 2 SNIPPETS

We have had a productive and enjoyable last three weeks. We cannot believe we are already heading into week 4!

Term 4 Stage 2 Curriculum Outline:

English: In writing we are focusing on hybrid texts and the skill of crafting a cohesive paragraph. In reading groups, students are focusing on practicing and furthering skills at student's individual levels through small group instruction and reciprocal reading. For spelling, students are participating in the 'Words Their Way' where students are working at differentiated levels.

Mathematics: Continuing skills and knowledge in the areas of number and algebra, measurement and geometry, and statistics and probability.

PDHPE: Focusing on developing our social and emotional development to build resilience when faced with challenge.

Science: Students are exploring scientific concepts including changing states of matter through a unit called 'A material World'.

Sport: Students are focusing on developing skills through a range of sporting games and furthering their fitness through fitness rotations.

Geography: We are continuing our investigating in the unit 'Places Similar and Different'.

2020 Sports Fun Day!

In lieu of an athletics carnival all students in **Years 3-6** will be participating in the school Sports Fun Day at Hills Centenary Oval Rouse Hill on **Monday 9th November 2020**. Students are to arrive at school no later than 9:00am and will walk to and from the oval accompanied by teachers. Students should wear their sport uniform or a shirt in their house colour. **They will need to bring a hat, sunscreen, recess, lunch and plenty of water.** Students also need to carry their own Ventolin puffer if required. **There will be NO canteen at Hills Centenary Park and lunch orders will be available with a modified menu.** There is no cost for the carnival. No parents will be allowed to attend the carnival due to COVID restrictions. Students will return to school by 1:30pm where they will depart school as usual at 3pm. **Please be advised that all students are expected to attend the carnival.**

Students will need to return permission notes for the 2020 Sports Fun Day by Monday 2nd of November. Without a signed permission note, students will be unable to attend.

Stage 2 Party Day

To celebrate the end of 2020 Stage 2 will be having an end of year celebration on **Wednesday 16th December 2020**. During the celebration students will participate in an inflatables obstacle and activity course. To complete the festivities students will then have a BBQ-Sausage Sizzle lunch and depart school as usual by 3pm. Halal and vegetarian options will be available. The total cost of the celebration is \$15.00.

Please Note: On the day students may wear appropriate casual clothes. **Students will need to wear light clothing that covers their arms and legs to participate safely on the inflatable equipment.** A sun safe hat, sunscreen, covered shoes and water bottle are essential.

Students will need to return permission notes the 2020 Stage 2 End of Year Party Day by 20th November 2020. Without a signed permission note, students will be unable to attend.

COVID Update

Thank you to parents who have made arrangements to pick up their children outside the school. We are currently asking only the K-2 parents to enter the school to pick up their child. Please keep your children at home if they are unwell and get them COVID tested. We really appreciate everyone playing their part.

Classroom Stationery & Supplies

Please ensure students are well equipped for learning with the stationery essentials to last until the end of the year. Many thanks to families who have sent in classroom supplies which include **paper towel, soap and tissues**. They are greatly appreciated. If you haven't already done so, please send items in as soon as possible.

Please make sure your child is equipped with: **glue sticks, personal scissors, led pencils**

Sport

This term, Stage 2 students will participate in two sporting sessions throughout the week. Stage 2 sport will be on a Friday morning. Year 3 will have a fitness session each Thursday afternoon and Year 4 will have a fitness session every Monday afternoon.

Year 3 students will need to wear their sports uniforms on Thursdays and Fridays.

Year 4 students will need to wear their sports uniforms on Mondays and Fridays.

With our hot summer weather, please ensure your children have a water bottle and a school hat, both clearly labelled with your child's full name and class.

Please note the Summer PSSA competition will not resume this year.

Stage 2 Enjoying hands on science activities



Stage 2 Teachers

STAGE 3 SNIPPETS

It has been another busy fortnight of learning on Stage 3, with our Term 4 programs well underway.

This term in science we are focusing on the different states of matter and the ways in which materials can be combined and separated. Stage 3 students have been involved in a variety of engaging hands-on experiments as they investigated and explored the properties of solids, liquids and gases.

Our English program this term is focused on hybrid and multimodal environmental texts. Students are being encouraged to explore environmental issues that they are interested in and to take a stance, convincing others to change their behaviour and habits for the benefit of the environment.

The 3-6 Sports Fun Day is being held on Monday 9th November. Students will participate in a variety of events in lieu of our annual athletics carnival. Permission notes have been emailed out to parents and should be returned to the class teacher by Monday 2nd November. There is no cost for this event.

Plans for the Year 6 farewell continue, with students voting for the theme 'Starry Nights'. Further details will be released as they become available.

Stage 3 Team

Artitudes

This semester, Stage 3 students have been exploring fantasy texts in their Literacy lessons. In Visual Arts we have complemented their learning by investigating the Surrealist Movement, with artists like Salvador Dali and Rene Magritte who represented their dreams in their artworks. The students have composed several artworks including these spooky 3D dragon eyes, just in time for Halloween.



Mrs Przyrembel and Mrs Katopau

LEADERSHIP TEAM 2020

The leaders of Ironbark Ridge have done an excellent job of resuming the weekly House Spirit Meetings via Zoom. Based on the feedback we have received, the students are enjoying seeing their school leaders share ideas about different concepts around the school in engaging ways. Students are given the opportunity to ask questions and discuss the meaning of several topics posed by the leaders with their peers in these weekly sessions.

For the next two weeks, the leaders will be focusing on the PBL focus which is respect in the spirit meetings. Students will be asked for different ways that they can show respect in the playground. Many incredible ideas were mentioned such as walking on concrete and playing in the right place at the right time.



Year Five School Leaders



The Year Five students who are interested in developing their leadership skills and becoming a 2021 leader, had the opportunity to chat with the current school leaders on Wednesday last week. Various questions were asked about the different parts of being a leader, such as the roles the leaders play in the Ironbark community and the responsibilities they hold. The leaders talked about the skills that they had developed ever since they first became a leader such as confidence and communicating skills. They shared useful tips on how to evolve your leadership skills and qualities. The leaders also explained that there were lots of other leadership options in the future that they could take if they were not

selected to be in the leadership team for 2021.

We were also fortunate to be involved in the next step of the 2021 selection process last Thursday. This involved observing the candidates through a series of collaborative and creative activities and providing vital support to the teachers involved in the process, putting our skills into practice.

Rhea, Ishita and Samadhi.

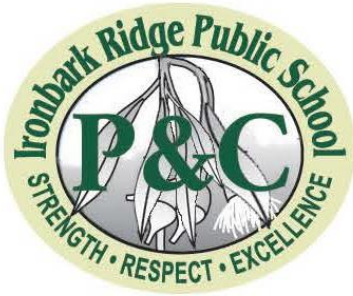
Ridgy Didge Awards

Respectful

KF	Averie, Muhammad, Raine
KG	Luca, Lieve, Elyas, Alexander
KW	Cailee, Matthea, Noah, Shanudi
1C	Piper, Jimmy, Ahan, Hanya
1L	Shanaya, Armaan, Omar, Lianna
2C	Luca, Amos, Chelsea, Nia
2D	Danish, Medina, Sophie
2K	Shrihan, Auhswyn, Mia, Krisha
2R	Soren, Gizelle, Rehan, Lelal
3C	Eason, Alison, Aska, Sophia
3H	James, Ruby, Shamiso
3J	Juni, Aarav, Thalia, Tangyue
4I	Koloti, James, Tyler
4S	Reva, Bonnie, Branden, Affan
5J	Jiya, Ariel, Guillermo
5K	Liam, Adithi, Olivia, Stephen
6H	Alina, Riyon, Julia, Yeonsoo
6/5M	Brian, Emmeline, Chloe, Rafay

Collaboration & Self Reliance

KA	Quinton, Nathan, Hannah, Parisa
KD	Maleeka, Andru, Indiana
KS	Kiaan, Sia, Sophia, Terence
1B	Ahmad, Liam, Sharon
1R	Zara, Gurman, Aaron, Mikayla
1S	Ethan, Hareem, Aarav
2A	Idhant, Ineesha, Rhys, Riley
2H	Anvitha, Hayden, Maaz, Cindy
2N	Abigail, Mason, Isabelle, Hassan
3K	Tyler, Jade, Hayden, Rayan
4B	Isaac, Khadija, Anthony, Preeyarat
4F	Nathan, Lincoln, Logan, Isha, Ella
4W	Ella F, Cage, Keerat, Zac
5B	Loki, Chase, Hunter
5C	Mariam, Anish, Haylie
6C	Milly, Ben Sanaa
6S	Avani, James, Tommy, Giana



Ironbark Ridge Public School P&C Association

1 Ironbark Ridge Rd, Rouse Hill, NSW, 2155

Telephone: 02 8814 5687

Email: executives@irpspc.com

Web: <https://ironbarkrg-p.schools.nsw.gov.au/p-c>

Facebook: <https://www.facebook.com/IRPSPCA>

ABN : 13 563 185 237

Annual General Meeting

Your P&C AGM will be held on Wednesday the 4th November 2020 at 7:00pm via zoom.

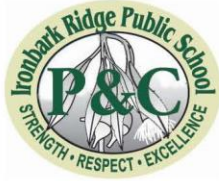
<https://zoom.us/meeting/register/tJwkd-6srz0iGd0gSO5aBoenAcQQwxEBDLcC>

All positions within the P&C Executive and sub-committee will be open for nomination. See nomination form attached.

With a lot of families leaving for High School next year most positions on the Executive and Subcommittees will have no representatives. If you are interested in any role please send your form or enquiries to secretary@irpspc.com.

Only P&C member can Vote or seek for nomination. Please join and pay your P&C Membership on Flexischool. See instructions attached.

P&C Membership fee is \$2 for a year



2021 IRONBARK RIDGE (IRPS) P&C ASSOCIATION MEMBERSHIP FEES

The IRPS Financial year runs from the 1st October 2020 to the 30th September 2021. Only Financial P&C members can vote on issues and be nominated for positions on the committee. Membership fee is \$2 for a year. To join the IRPS P&C follow the steps below by 4th November 2020:

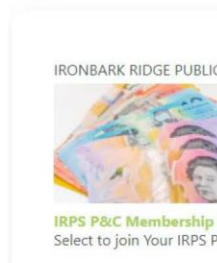
STEP 1 – LOGIN TO FLEXISCHOOL

<https://user.flexischools.com.au/login?returnUrl=/home>

STEP 2 – CLICK ON THE P&C MEMBERSHIP FEES SERVICE

The P&C Membership Fees can be found under the Payments Service. Click on the Pay button and select a user for the order.


Payments

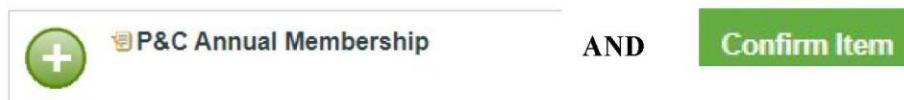


STEP 2 – ENTER IN THE MEMBERS DETAILS

Click on the arrow to confirm the service.

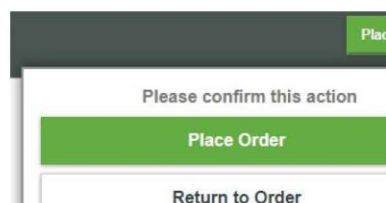


Click on the  button and enter in the Members Full Name and click on the “Confirm Order” in the top right-hand corner



STEP 3 – PLACE ORDER OR MODIFY

The final step is to “Place Order” or “Return to Order” if you need to modify your order.





Ironbark Ridge Public School P&C Committee Notice of AGM

Annual General Meeting in the school library on 4/11/2020 at 7pm

We hereby advise that the Annual General Meeting of the Ironbark Ridge Public School P&C Committee will be held on Wednesday the 4th November 2020 at 7pm via Zoom. Immediately follow the AGM at 8pm we will hold the P&C General Meeting where we will elect the office bearers for the 2021 year.

All parent and carers are invited to attend. The purpose of the AGM is to:

- confirm the minutes of the last preceding AGM,
- present the Audited Financial Accounts for 2020,
- to receive the Annual Committee Reports regarding the activities of the P&C during the last preceding financial year and
- sign up new members for 2021
- to elect office bearers of the P&C for the 2021 financial year.

All parents and carers are encouraged to volunteer for the following positions on the P&C committee in 2021:

Executive Positions
President
Vice President x 2
Secretary
Treasurer
Committee Positions
Uniform Committee
Events Committee
Grants Committee
Student Banking Committee
Traffic Committee

Only Financial P&C members can be nominated or voted in. Memberships can be paid via Flexischool. Cost \$2 per year.

Application for these roles can be made on the application form that follows this letter and emailed to secretary@irpspc.com.

Your contribution to the P&C in 2021 will be greatly appreciated and we look forward to receiving nominations for these positions.



IRONBARK RIDGE PUBLIC SCHOOL P&C ASSOCIATION

2021 NOMINATION FORM

Date: _____

I wish to nominate myself _____ for the position* of;

P&C Positions	
Executive Positions	Please Tick
President	
Vice President	
Secretary	
Treasurer	
Committee Positions	Please Tick
Uniform Committee	
Events Committee	
Grants Committee	
Student Banking Committee	
Traffic Committee	

* Please nominate only one position per form. Complete additional forms for multiple positions. Nominee must be present at the meeting.

.....
Name and signature of person making nomination

.....
Name and signature of person accepting nomination
(Nb it is not necessary to obtain a seconder and it is ok to nominate yourself)

Please email your nomination form to the P&C Secretary on or before the AGM to be held on **4th November 2020**. Inquiries to president@irpspc.com or secretary@irpspc.com

INSIGHTS

A flexible approach to raising kids



This year's unique challenges have brought a sharper focus on child-rearing styles. Parents who rely on one style have often struggled to meet the emotional needs of their children.

Kids who are worried, fearful or fretting about the future initially benefit from a nurturant, empathetic approach. "I get it" is what they want to hear so they feel safe and secure. They also benefit from a firmer approach where an adult communicates "You can cope with this" is something kids need to hear when they experience change, difficulty and disappointment.

This combination of nurturance and firmness is known as an authoritative approach according to Diane Baumrind, a leading researcher on parenting styles. A purely nurturant style is known as a permissive style, while a singularly firm style is known as authoritarian.

Warm cat, firm dog

It's helpful to use a cat and dog metaphor when discussing the authoritative approach. As dog-owners know these pets are highly relational and respond favorably to attention. The dog style of parenting is empathetic and has an encouraging, relationship-building focus. Cats, on the other hand, are usually self-sufficient and can live happily without you. Continuing the metaphor, the cat style of parenting is more likely to challenge kids, better able to manage poor behaviour and provide solid family leadership.

Body language counts

The dog-cat styles are expressed through our non-verbal language – our tone of voice, posture and heads. A cat speaks in a flat, clipped voice using a minimum of words. Their head is still, its body upright and confident. A cat is calm, quiet and in control. A dog, on the other hand, speaks with lots of inflection in their voice. They'll smile a great deal and lean in when they speak. It's a warmer more approachable style suited to conversations and building relationships.

Which style do you identify with?

Most people naturally have a preference for one style over the other. If you defer to one then you may have to work a little harder or more consciously to bring the other side to the fore. Many parents working in partnership with each other will share the dog-cat loads. One parent is firm in approach, while the other uses a warmer, more personal approach. Sometimes parents switch styles according to the gender or personality of their children. This is quite common as boys have a tendency to bring out the firm cat in their fathers and the warmer, protective dog-side in their mothers.

Conversely, fathers often respond to their daughters in dog-like ways and anecdotally, it seems, many mothers are more naturally cat-like with their daughters. Single parents without the luxury of sharing the parenting will generally need to be flexible and move between the two styles.

parenting * ideas

Avoid mixed messages

Get your cat and dog wrong and you risk being ineffective and failing to meet either a child's needs or the needs of a particular situation. If your first response to a child's difficulty is to be distant and unapproachable, then you are probably not meeting their immediate emotional needs. Your child or young person needs you to be approachable or dog-like when they come to you with genuine concerns. Conversely, approach a child or teen whose behaviour isn't up to standard with a dog-like approach and you'll be ignored or not taken seriously, leaving you either angry or deflated.

Flexibility is the key

It's my experience that it's possible to move seamlessly between the two modes but it takes awareness and practice. If you naturally default to cat mode, then you may have to put some conscious effort into responding with empathy and nurturance when your child or young person struggles. Alternatively, you may practise dog-like behaviours easily but have to work on your cat side to promote independence and manage your child's behaviour. In time these switches become automatic as your awareness grows enabling you to adopt new ways of parenting. Your effectiveness and satisfaction levels will increase as you move seamlessly between the cat and dog parenting styles.

Related webinar

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Parenting like a cat and dog' at no cost.

About

In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children.

When

11 November 2020 8:00pm AEDT.

To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-parenting-like-a-cat-and-dog>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code METAPHOR and click 'Apply Coupon' Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
7. Click 'Place Order'

This offer is valid until 31 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording. The recording will be available in your Parenting Ideas dashboard so you can refer to it at anytime.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council

 **Griffith**
UNIVERSITY
Queensland, Australia

GU Ref No: 2019/146

School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now [apply](#) online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [re-apply or update their details](#).

*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before **31 December 2020** to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address. **Note:** some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.

New Concession Entitlement Cards

Transport for NSW will be replacing the below cards with Transport Concession Entitlement Cards (TCEC) from October 2020:

- Senior Secondary Student Concession Card (16 years and over) – also used by Mature Secondary Students (18 years and over), Distance Education Students and Home School Students
- Proof of Age card (when a student under 16 years of age looks older)
- Boarder Rail Pass.

All previous cards will be valid until they expire. Students who require a Transport Concession Entitlement Card should speak with their school administration staff.

Enquiries regarding school student travel can be submitted to Transport for NSW at:

<https://transportnsw.info/contact-us/feedback/passes-concessions-feedback>

IRONBARK RIDGE BAND

JOIN THE BAND!

Is your child interested in joining the school band?

The school band is now taking enrolments for 2021 and is open to all students currently in years 2-5.

No prior experience needed!

During Term 4 students will see a **band demonstration** at school that highlights the different instruments available for tuition. After this demonstration they will receive a green *Expression of Interest* note providing introductory information.

What do you need to do?

1. Carefully read the green *Expression of Interest* and then register your child's interest in joining the band online at <https://www.teachingservices.com.au/eoi>
2. Once you register online a TSA tutor will meet your child to help them assess which instrument they are most suited to**
3. The results of this instrument trial will be sent home with enrolment information

Learning an instrument in an ensemble is a great way to experience the social, educational and personal benefits that music and the arts have to offer! TSA provides a variety of tuition options as well as instrument hire and sales to help parents give the gift of music to their children.

TSA is a registered COVID-safe provider and delivers instrumental programs with a focus on inclusion, student engagement and well-being.

***Instrument trials will take place within strict COVID-safe guidelines and will include a basic aural and rhythm assessment among several other activities which measure your child's suitability for each instrument.*



(02) 9651 7333

enrolments@teachingservices.com.au

www.teachingservices.com.au



IRONBARK RIDGE PUBLIC SCHOOL AFTER SCHOOL MANDARIN CLASS

- Chinese characters
- Sentence structures
- Dialogues
- Pinyin pronunciation system
- Chinese culture

ADDRESS

IRONBARK RIDGE Public School

Time: 3:10pm-5:10pm

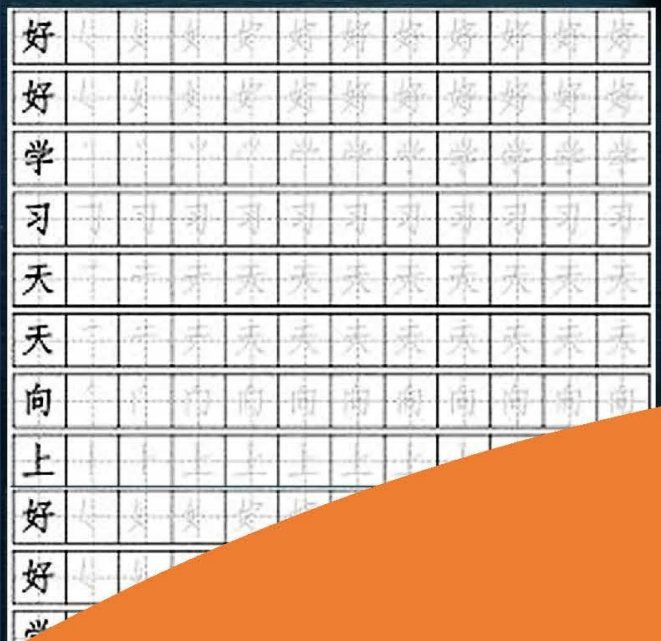
- Monday: Non-Chinese background students
- Tuesday: Grade 3 on Chinese
- Wednesday: Grade 2 on Chinese
- Thursday: New 2020 kindy students

Starts on Feb 1st 2020



Learning Chinese

学习中文



Peiji Chinese School

CONTACT US:

Ben Sun (Chinese School Principal)

Tel: 0416 646 026

Email: peijich@yahoo.com.au

<http://www.peiji.com.au>

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